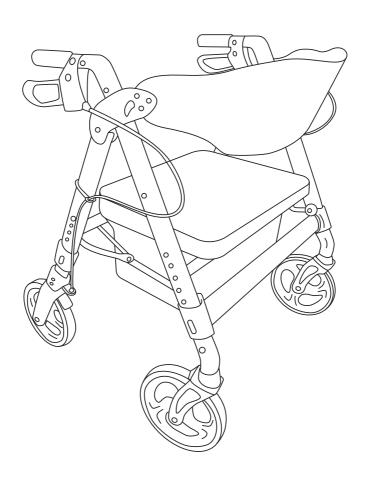


# **GENESIS HD**

Seat Walker

# **USER MANUAL**



Congratulations and thank you for choosing this Aspire Genesis HD Seat Walker.

This user manual contains a description of the product and important guidelines to ensure correct and safe use. It is important to read this manual carefully prior to use. It is especially important to read the safety requirements and follow these.

Aidacare continuously improves products and reserves the right to change the specifications and functions of products without notice.

If you have any queries please contact your dealer or Aidacare directly. Contact information is located on the last page of this manual.

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Due care has been taken to ensure all the information contained in this user manual is correct at the time of printing. All measurements, pictures, colours and weight capacities are to be used as a guide only. We reserve the right to modify the design or appearance of any product displayed in this user manual without prior notice.

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### 1. INTENDED USE

Aspire Genesis HD Walkers are specifically designed for individuals who, due to a wide variety of reasons, require additional support while walking. This walker is designed for indoor and limited outdoor use. When used outdoors this walker must remain on sealed, level terrain (examples include but are not limited to shopping centres, medical centres, flat and level footpaths, and environments with accessibility-focused layouts). Any other usage outside of the intended use is not advised.

### 2. PRODUCT DESCRIPTION

Aspire Genesis HD Walkers are four-wheeled, lightweight walkers with an A frame. The product is made from aluminium, so it is light and easy to store or transport. These walkers offer great manoeuvrability, stability, and have adjustable seat and handle heights to suit many user heights. They are equipped with a soft seat, supportive backrest and weatherproof shopping bag allowing the user to rest or carry small items underneath.

## 3. SYMBOLS USED IN THIS MANUAL



**WARNING!** Indicates a potentially hazardous condition/situation. Failure to follow designated procedures can cause either personal injury, component damage or malfunction. On the product, this icon is represented as a black symbol on a white triangle with a black border.



**ALWAYS!** These actions should be performed as specified. Failure to perform mandatory actions can cause personal injury and/or equipment damage. On the product, this icon is represented as a white infinity symbol on a black dot with a white border.



**DO NOT!** These actions are prohibited. These actions should not be performed at any time or in any circumstances. Performing a prohibited action can cause personal injury and/or equipment damage. On the product, this icon is represented as a white symbol with a black circle and black slash.

### 4. SYMBOLS USED ON THE PRODUCT



Please note: Stickers are not shown to scale.





### 5. WARNINGS



**WARNING!** This User Manual must be read before using the walker. The manufacturer does not take any responsibility for damage and/or injuries caused by the fact that the User Manual has not been followed.



**WARNING!** The walker must not be used by users with serious difficulty balancing or whose muscle strength is too low to stand and walk, even with the extra support of a walker.



**WARNING!** The decision to use a walker should always be guided by a qualified Health Care Professional, who can also advise and assist with the correct height adjustment and usage instruction.



**WARNING!** After unfolding or assembling the walker always ensure that the seat is securely locked or closed and the frame does not move anymore.



**WARNING!** Failure to follow these warnings can result in personal injury.



WARNING! Both handles should be adjusted to the same height.



**WARNING!** Seek advice from a qualified health professional for the appropriate handle and seat height to suit your needs.



**WARNING!** You should always engage the brakes when you don't want the walker to move.



**WARNING!** NEVER leave the walker without the brakes engaged when there is someone sitting on it.



**WARNING!** NEVER leave the walker on a slope without the brakes engaged.



**WARNING!** The walker must not be driven or pushed with force when the parking brakes are on or when the wheels are partly locked using the brakes. This indicates incorrect use and can cause wear and tear, impairing tyres, and brake quality.



**WARNING!** When using the walker in a stationary position, the hand brakes MUST always be locked.



**WARNING!** The Backrest is intended to provide back support while seated. The backrest is NOT intended to support full body weight. Refer to correct seating guide on the next page.



**WARNING!** ALWAYS sit centrally on the walker, avoid leaning heavily in any direction as this may cause the walker to become unstable.



**WARNING!** You should NOT sit on the shopping bag. Ensure that the seat is down before sitting.



**WARNING!** ALWAYS sit upright on the walker while resting your forearms or hands on the push handles.



**WARNING!** NEVER propel yourself with your feet whilst seated on the walker, using the walker as a transportation device – it is NOT designed for this purpose.



**WARNING!** NEVER allow another person to push you along while seated on the walker – it is NOT designed as a transportation device and is NOT a substitute for a wheelchair.



**WARNING!** Product may become hot if left in direct sunlight or close to a heat source to metal frame



#### LIMITATIONS FOR USE

SAFE WORKING LOAD (SWL)





Genesis HD Seat Walker



DO NOT exceed the safe working load on the walker.

- This walker is designed for use on flat-level surfaces.
   If encountering sloped or uneven terrain an alternative route should be sought
- · The walker is not intended to be foot-propelled while seated
- · Ensure the walker is opened fully before use
- The brakes MUST be in the locked position BEFORE sitting on the seat
- · Use the walker only for the purpose it is intended for
- · Use the walker only in good working condition



**DO NOT** modify the walker.



**DO NOT** attempt to replace the wheels or Castors of your seat walker. If they are faulty or require replacement, please contact Aidacare directly.



DO NOT stand on the walker.



**DO NOT** use in place of a wheelchair or patient transport device.

All wheels MUST be in contact with the ground at ALL TIMES during use.



**NOTE:** Fingers or other body parts can be trapped between the walker's parts during folding, unfolding or adjusting of the walker. Be extremely careful when adjusting the walker. Observe the dimensions of gaps between the walker's elements to avoid trapping your fingers or other body parts.

# 6. PRODUCT SPECIFICATIONS

#### **GENESIS HD WALKER**

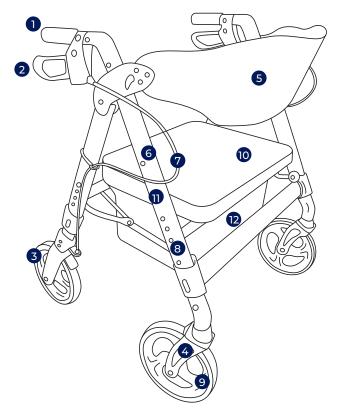
Overall Height		875 - 1050 / 34.4 - 41.3
Overall Length mm/inch		700 - 800 / 27.6 - 31.5
Overall Width		660 / 26
Seat Width		450 / 17.7
Distance Between Armrests <sub>mm/inch</sub>	Ä	520 / 20.5
Seat Height mm/inch		500 - 590 / 19.6 - 23.2
Castor Size mm/inch	<b>4</b>	200/8
Product Weight kg/lbs	À	11.3 / 24.9
Safe Working Load kg/st	kg	204/32.1
Safe Working Load Under-seat Bag kg/lbs	kg V	5/11



# 7. LIST OF COMPONENTS

Aspire Genesis HD Walkers are supplied in boxes and come folded, for easier transportation.

#### **GENESIS HD WALKER**



1	Push handle	5	Backrest	9	Front wheel
2	Brake lever	6	Push Pin Handle Height Adjustment	10	Seat
3	Rear wheel	7	Brake cable	11	Frame
4	Front fork	8	Push Pin Seat Height Adjustment	12	Shopping Bag

# 8. INSTRUCTIONS FOR USE

### **INITIAL CHECK**

In the first instance remove the walker from the box and check the contents (using the picture below) to ensure nothing is missing. If you discover any component is missing or damaged do not continue to assemble the product.

Contact Aidacare or your Aspire dealer immediately.

#### **BOX CONTAINS**

- 1 Walker frame x 1
- 2 Handles with brakes x 2
- 3 Front wheels x 2
- 4 Rear wheels x 2
- 5 Backrest x 1



### **FRONT WHEELS ASSEMBLY**

- 1. Insert front wheel frame into the base frame, ensuring that the spring-loaded button correctly aligns with the base frame 1.
- 2. Select the desired seat height by locating the spring-loaded button into the base frame, ensuring both sides are even 2.
- 3. You will hear a click indicating that it is properly assembled.
- 4. Repeat the same steps on the opposite side of the walker.



#### **REAR WHEELS ASSEMBLY**

- 1. Insert rear wheel frame into the base frame, ensuring that the spring-loaded button correctly aligns with the base frame 1.
- 2. Select the desired seat height by locating the spring-loaded button into the base frame, ensuring both sides are even 2.
- 3. You will hear a click confirming that the rear wheel is securely attached.
- 4. Repeat these steps on the opposite side of the walker.





#### **HANDLE ASSEMBLY**

- Position the walker on a flat even surface with wheels in contact with the ground.
- 2. Make sure the brake cable running from the rear wheels to the handle is looped around the outside of the walker.
- 3. Insert the handle tube into the base frame, as illustrated in picture 5.
- 4. Adjust the handle to your preferred height and release the spring-loaded button.
- 5. Repeat these steps on the other side of the walker, ensuring both sides are at the same height.



#### **BACKREST ASSEMBLY**

- 1. Align backrest with receiver mounts on handle tubes 6.
- 2. Push down and slide the backrest into place on both sides.
- 3. Rotate clip from OPEN to LOCK to secure in place, ensuring both sides of the backrest are fastened prior to use 7 and 8.







#### **BRAKE ADJUSTMENT**

- 1. After assembling the walker, or if you notice any issues with the brakes, please check the brake adjustment.
- 2. To adjust the brakes simply locate the brake adjustment bolt located on the rear wheel, shown in image. Rotate the bolt clockwise to loosen the brakes or anti clockwise to tighten them.







### FOLDING/UNFOLDING THE WALKER

- 1. Grab the bar below the seat (refer to picture 9) and pull up towards you.
- 2. Bring the front and back of the walker together (refer to picture 10).
- 3. Reverse steps to unfold walker.





#### **USING THE HAND BRAKES**

- To stop the walker, activate the brakes by pulling the brake handles towards the hand grips.
- To start moving again, release the brake handles. They will drop down automatically and the brakes will be released.



### LOCKING/UNLOCKING THE HAND BRAKES

- To lock the brakes push the brake handles down until you hear an audible "click".
- To unlock the brakes pull the brake handles up until you feel them loosen.





**WARNING!** When using the walker in a stationary position, the hand brakes MUST always be locked.

#### SITTING ON THE WALKER

- · Ensure the hand brakes have been engaged.
- Using the handles of the walker for support, turn until you feel the seat of the walker against the back of your legs.
- · Slowly and carefully lower yourself onto the seat.

#### **CORRECT SEATING GUIDE**

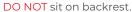


**WARNING!** The Backrest is intended to provide back support while seated.

The Backrest is NOT intended to support full body weight.









DO NOT reach into bag while seated.



DO NOT slouch on backrest.



DO NOT reach/lean behind while seated.



DO NOT reach/lean sideways while seated.



DO NOT lean on one side of the walker as a support aid.





WARNING! Avoid reaching or leaning outside the walker frame and base of support. To ensure the upright stability of the walker, never reach/lean for objects as this changes the centre of mass and may cause the walker to tip over in the direction of reaching/leaning or result in personal injury and/or damage to the walker frame. This warning relates to reaching/leaning in any direction outside the perimeter of the walker.



**WARNING!** Seat Walkers are not designed or safe to be used as standing aids from chairs or beds. **DO NOT** use the walker to help pull up from sitting. Push up from the seated surface/chair arms.

**NOTE:** Walker shown is for illustrative purposes only, and may differ from model supplied.

# 9. CARE, MAINTENANCE & CUSTOMISATION

#### **CLEANING INSTRUCTIONS**

- · Clean the walker regularly with a damp cloth.
- · Use a mild washing agent and warm water for excess dirt build up.
- DO NOT use harsh abrasives or bleach based agents which may cause damage or discolouration.
- · Dry with a soft cloth.

#### **WHEELS**

- Clean wheels with a mild washing agent and warm water. Remove hair and other dirt from axles.
- · Lubricate with multi-purpose oil periodically or if wheels begin to squeak.

#### **MAINTENANCE**

Ensure that every part of the walker is secure at ALL times.

- $\cdot$   $\;$  Check all screws for tightness. If not, tighten if necessary.
- · Replace any broken, damaged or worn items immediately.

#### **MAINTENANCE SCHEDULE**

Weekly	<ul> <li>Check brake function</li> <li>Check all wheels are secure</li> <li>Check all fastenings such as nuts, bolts and hinges are fastened correctly and functioning normally</li> </ul>
Periodically	<ul> <li>Check handgrips for wear</li> <li>Check frame bolts are secure</li> <li>Check folding hinge bolts are secure</li> <li>Check front and rear axle bolts are secure</li> <li>Check for wear or cracks</li> <li>Check wheels for splitting or damage</li> <li>Check seat upholstery for wear and seat base for cracks and that it is secured to frame</li> </ul>
Yearly	<ul> <li>Take your walker to an authorised repairer for a full check, clean, service and lubrication of all moving parts</li> </ul>
Serviceable Components	<ul> <li>Wheels</li> <li>Bag</li> <li>Hand grips</li> <li>Brake cables</li> <li>Seat</li> <li>Brake handles</li> <li>Bearings</li> <li>Nuts and bolts</li> </ul>

#### **CUSTOMISATION**

All walker customisation, modification and or alterations made to this product are considered as "custom" changes. They may cause the product to no longer meet safety standards and should be considered prior to commencement. Any custom modification of the walker is not warranted by Aidacare and will void the warranty.



### 10. RECYCLING INFORMATION

Aspire Genesis HD walker is made from metal and plastic components, and it can be recycled through standard processes in your city of use.

### 11. COMPLIANCE

Aspire walkers are manufactured and independently tested to the market-relevant compliance standards.

Labels on the walkers address compliance requirements and users should familiarise themselves with these certificates.

## 12. WARRANTY



This product comes with a warranty of 1 year. Consumable parts (brake pads, castors, and upholstery) carry a 1 year warranty against manufacturer defect only and do not cover wear and tear through use.

# 13. MANUFACTURER

If you have any questions, you can contact:



#### Manufacturer:

**Aidacare Pty Ltd** ABN 40 134 398 833

Building 3A, 1 Moorebank Avenue, Moorebank NSW 2170 Australia

1300 133 120 | product@aidacare.com.au



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